



TransECHO: Mental Health & Gender Affirmation for TGD Care

This ECHO series will focus on the relationship between gender dysphoria, mental health, and gender affirmation for transgender and gender-diverse (TGD) individuals. They cover how gender dysphoria can manifest with anxiety and depression, the role of gender affirmation in alleviating these issues, and the importance of individualized care, including hormone therapy, surgery, and non-medical gender expression tools.

Date/time of the training:

2nd Thursday of the month 12pm-1:30pm

January 9th, 2025- Exploring Depression and Anxiety in the Gender Diverse Experience

February 13th, 2025- Assessment and Care for TGD Clients in the Setting of Severe Mental Illness or Trauma

March 13th, 2025- Non-Medical Gender Affirmation

April 10th, 2025- Gender Affirming Hormone Therapy (GAHT)- Testosterone, Estrogen, and Anti-Androgens

May 8th, 2025- Letter, Document Changes, and Assessments

June 12th, 2025- Surgical Gender Affirmation

Location: Zoom

Who should attend the training: Providers, Clinical Staff

Register Today!