## **ACCESS Mental Health for Moms**

Join CHC/ACT and Carelon to learn more about available resources for Connecticut moms with mental health and substance use concerns.

## **OVERVIEW:**

We invite you to learn about ACCESS Mental Health for Moms program, CT's new and free (funded by DMHAS) psychiatric consultation program for providers treating pregnant and postpartum women presenting with mental health and substance use concerns. The program provides real-time perinatal psychiatric consultation and individualized, case-based education to frontline perinatal practitioners over the phone regarding diagnostic clarification, psychopharmacology and counseling recommendations, resources, and referral support.

Dr. **Ariadna Forray**, the team's lead perinatal psychiatrist from Yale, will introduce the program and explain the process for enrollment, discuss training opportunities and answer questions. More information available at <a href="https://www.accessmhct.com/moms/">www.accessmhct.com/moms/</a>.

The target Audience for this training is: Obstetric Providers, Primary Care Providers (Adult & Pediatric), Psychiatrists, and other providers treating the perinatal population.

## **DETAILS:**

CHC/ACT will host two identical opportunities to participate with efforts to capture as many providers and clinicians as possible.

Monday, May 6<sup>th</sup> at 10 – 10:30am Register Here

Monday, May 6<sup>th</sup> at 12 – 12:30pm Register Here